

# THROMBOCYTOPENIA CLINIC

## A specialized clinic for patients with ITP

Chronic Thrombocytopenia - low platelets (<150 x 10<sup>9</sup>/L)

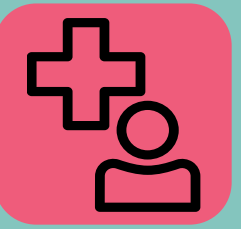
Immune Thrombocytopenia Purpura (ITP) - low platelets (<100 x 10<sup>9</sup>/L) and an increased risk of bleeding

### .... WHAT IS THE THROMBOCYTOPENIA CLINIC? ....

The Thrombocytopenia Clinic is a brand-new clinic designed to work with individuals diagnosed with ITP. We recognize that diagnosing and treating ITP is complex, and requires input from both patient and doctor to make decisions. We aim to diagnose and treat ITP with input from our patients and a particular emphasis on quality of life.



### PATIENT PATHWAY



Complete survey:  
ITP symptoms  
and impact

Thorough  
review of  
your ITP

Go over your  
values and  
preferences

Make  
follow-up  
plan

### WHO ARE WE?



Dr. Hayley Merkeley  
MD, FRCPC



Dr. Shannon Jackson  
MD, FRCPC

Our lead hematologists have years of experience in the care and treatment of patients with ITP. We understand the role that specialized clinics play in patient care, and have a particular interest in patient-centred care.

### ... ITP: WHAT MATTERS ...

#### Capability



Physical Function  
Daily Activities

#### Comfort



Relief from Anxiety  
Self Esteem

#### Calm



Access to ITP therapy  
Access to ITP resources  
Roadmap if things worsen

### YOUR ROLE

1. Completion of the ITP-PAQ: a 44 question survey prior to your first visit
2. Follow-ups: You will be booked with either Dr. Jackson or Dr. Merkeley for follow-up's every 6-12 months or as needed.
3. Take charge: You are an expert in your experience. We hope to combine your expertise with our physicians' to make the best decisions for you.

### RESOURCES

Platelet Disorder Support Association:  
[pdsa.org](http://pdsa.org)